

Name: _____

Date: _____ Block: _____

Depression

Rape may lead to psychological problems including anxiety and depression...

Here is a list of real symptoms of depression. In what ways does Melinda demonstrate these in *Speak*? Please include as many specific examples as possible:

- Prolonged sadness or unexplained crying spells
- Change in appetite with significant weight loss (without dieting) or weight gain
- Loss of energy or persistent fatigue or lethargy
- Significant change in sleep patterns (insomnia, sleeping too much, fitful sleep, etc.)
- Loss of interest and pleasure in activities previously enjoyed, social withdrawal.

- Feelings of worthlessness, hopelessness, or inappropriate guilt
- Pessimism or indifference
- Unexplained aches and pains (headaches, stomachaches)
- Inability to concentrate, indecisiveness
- Irritability, worry, anger, agitation, or anxiety
- Recurring thoughts of death or suicide